

AQUARIUM PALACE



PADENGHE  
SUL GARDA

LAKE GARDA -  
BRESCIA - ITALY



LAKE GARDA

PADENGHE

SERROUNDINGS

SPORTS

# LAKE GARDA



Lake Garda was formed by glaciers during the last Ice Age, and is Italy's largest lake. It lies in the provinces of Verona, Brescia, and Trento, and is 51 kilometers (32 miles) long and from 3 to 18 kilometers (2 to 11 miles) wide. Many beautiful towns are situated on its shores. On the peninsula of Sirmione, at the southern end of the lake, are the ruins of a Roman villa and a castle of the Scaligers, an Italian family of the 16th century.

Padenghe is located on the south western shore of the Lake close to Desenzano. The picturesque hilly landscape of the Valtenesi starts here.

Padenghe in Figures:

Inhabitants: 3987  
Dimension: 20,4 sqkm  
Altitude: 127 m



# THE CITY OF PADENGHE



Lake Garda nestles between the plain and the mountains, mirroring their outline. Clear waters, seren shores, and all around charming small cities and beautiful park land... A wealth of scenarios, laden with charm!



The town with its small old centre is slightly elevated from the Lake. Via a small romantic road, a 1000year old fortress can be reached. In the yard a small estate with pretty vegetable patches has established itself.



The view from the tower over the Lake and its nice beaches is breathtaking.

## THE AREA AROUND PADENGHE



Padenghe dominates the lake. View of its famous gulf.

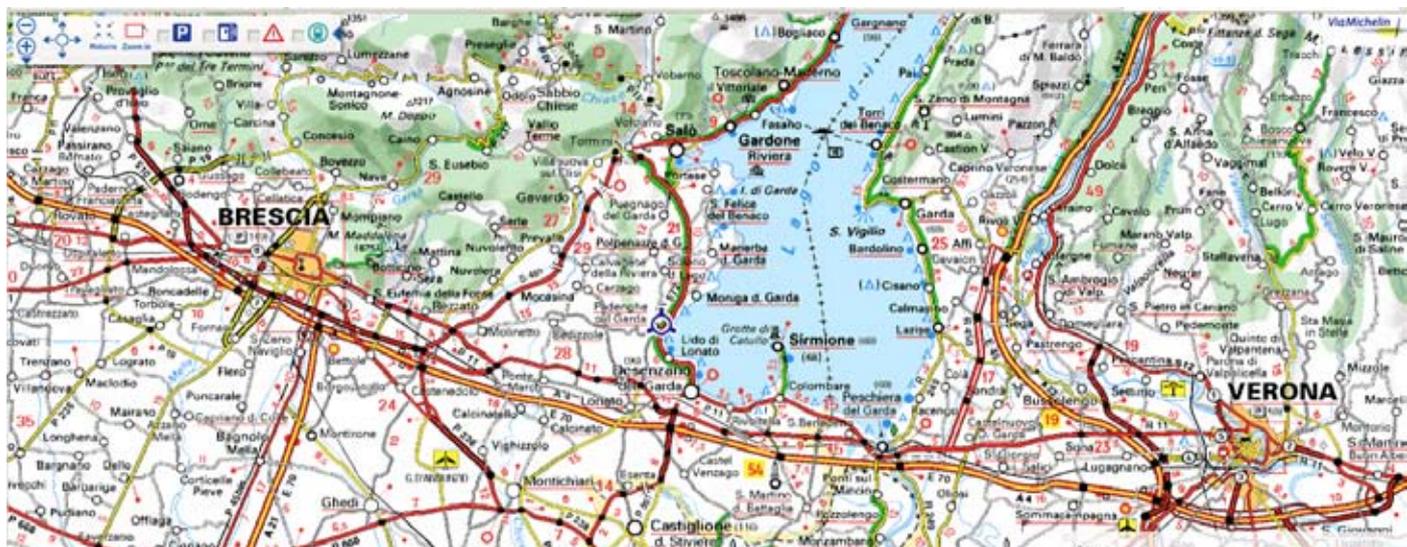


Countryside with beautiful sulflower fields and vineyards surrounding Padenghe.



The medieval castle. Today inside its walls are many inhabited dwellings.

# AND NEARBY



View of Sirmione's beach with the castle in the background.



View of the castle in Sirmione.



The famous promenade in Salò'.



A typical jewel hidden on the shore of the lake. gulf.



View of the Desenzano harbour.

## SPORTS ON THE BANKS OF THE LAKE

Garda is a true outdoor fitness center where all sorts of “active sports” can be enjoyed. In the area that extends from 60 meters on sea level to the mountains over 2,000 meters high, you can find just about anything: wind that blows in the windsurf sails and yachts of all sizes, the nice beaches with all possible amenities, mountains to be climbed using any means, from bikes to hikes along special trails. Just to mention a few...

### WINDSURF

The triangle between Torbole, Malcesine and Limone is an authentic paradise for windsurfers, who consider this area one of the European capitals of this sport.

### DIVING

Real treasures are to be found on Lake Garda bed, such as old galleys from the time of the Venetian Republic and warships, like the one discovered during the last surveys by the University of Parma. There is a lot you can see and photograph!

### SAILING

In the past 50 years, its yacht clubs have been the hotbed for top Olympic skippers. Each area has its own Yacht Club or Guild with a school, recognized by the Federation, for youngsters and adults alike. Just as famous are the Garda races such as the popular Centomiglia and Intervela, which have existed for 50 years. International championships are organized at Lake Garda each year; the latest was the first Italian Open Championships for the 10 Olympic classes. Lake Garda has also been the site of the world championships for 5.50, F.D., Soling, Mini Tonner, Hobe Cat, Fun, Tempest and of the European championships for Star, Finn, Fun, Asso 99, Trias, Dyas, Dragoni, and the Pedrini Cento Cup. And to cite



**PADENGHE SUL GARDA**  
West Garda Yacht Club, tel.  
(+39) 030 9907295 (Only 50  
meters from Aquarium Palace!)  
West Garda Marina, tel. (+39)  
030 9907164

**MANERBA DEL GARDA**  
Circolo Vela Torcolo

**DESENZANO DEL GARDA**  
Club Nautico Diavoli Rossi,  
Fraglia Vela Desenzano,  
Lega Navale Italiana - Sez.  
Brescia.



## GOLF

The mild, gentle climate of Lake Garda permits golfing all year round. Many tournaments, in fact, take place in the winter. Playing golf in the extraordinarily beautiful scenery of Lake Garda is a memorable experience: the cypresses, vineyards, olive groves and centuries-old oak forests harmoniously blend with the blue lake, forming that typical Garda landscape that has always been loved by the foreign artists and poets who stayed here. Many attractions and activities make a vacation in this unique setting all that more special for the people who consider golfing a moment of relaxation, a sport and a true passion.

### *GOLF CLUB PARADISO DEL GARDA, PESCHIERA DEL GARDA*

Holes 18 - m. 5.961 - par 71 - sss 71

Holes 9 - m. 2.828 - par 35 - sss 35

Season annual, no day off.

### *CIRCOLO GOLF BOGLIACO-TOSCOLANO MADERNO*

Holes 18 - m. 4.600 - par 67 - sss

69 Season annual, day off Tuesday (only autumn and winter)

### *GARDA GOLF COUNTRY CLUB SOIANO DEL LAGO*

Holes 18 - m. 6.505 - par 72 - sss 72

Holes 9 - m. 2.635 - par 36 - sss 36

Season annual, day off Monday.

### *ARZAGA GOLF CLUB CALVAGESE DELLA RIVIERA*

Holes 18 - m. 6.214 - par 72 - sss 72

Holes 9 - m. 3.024 - par 3 - sss 36

Season annual, no day off.

### *CA' DEGLI ULIVI COUNTRY GOLF-MARCIAGA DI COSTERMANO*

Holes 18 - m. 5.784 - par 72 - sss

72 Holes 9 - m. 2.684 - par 56 - sss 28

Season annual, no day off.

### *GOLF CLUB VILLAFRANCAVILLAFRANCA*

Holes 9 - m. 3.400 - par 35 - sss 35

Holes 9 - m. 2.400 - par 33 - sss 55

Season annual, no day off.



## TENNIS

Lake Garda and its surroundings represent the perfect training ground for people fond of active holidays and sports, who like to enjoy them either at leisure or on competitions.

## MOUNTAIN BIKE

It is a genuine paradise made up of paved roads, lanes, dirt paths, and trails that wind up the slopes of the beautiful mountains or disappear amidst the vineyards and chestnuts groves.

## HORSEBACK RIDING

Nature lovers who want to enjoy relaxing activities can explore the lake area on horseback thanks to the many stables in the area. Besides offering riding lessons, the stables also organize horseback tours that range from a simple excursion of one or two hours to a one- or two-day trip with stops in equipped refuges and mountain farmhouses.

